

Monroe County Hospital Medical Clinic

WHAT IS A PRIMARY CARE PRACTICE?

Primary care promotes effective communication with patients and encourages the role of the patient as a partner in health care. Your primary care physician or nurse practitioner is your medical 'home'.

A primary care practice serves as the patient's first point of entry into the health care system. Primary care practices provide patients with ready access to their own personal physician or family nurse practitioner.

Within a primary care practice, the physicians and nurse practitioners work together in meeting you and your family's health care needs.

Primary care includes diagnosis and treatment of acute and chronic illnesses, health promotion, disease prevention, health maintenance, counseling and patient education.

WHAT IS A PRIMARY CARE PROVIDER (PCP)?

A primary care provider (PCP) is the first line of defense for you and your family's health care needs. Family physicians and family nurse practitioners can provide the medical care you need and offer recommendations to protect your health. Over time, your physician or nurse practitioner will get to know you, which leads to better medical care by catching small health problems before they become serious. A PCP will learn your history and your family history and will recommend a specialist when needed.

Selecting a primary care physician or nurse practitioner is an important first step toward managing your healthcare. They are the person you speak to about your health questions and concerns.

When choosing a PCP, consider what is most important to you:

- area of expertise
- personality traits you appreciate
- experience
- philosophy of care
- languages spoken

At Monroe County Hospital Medical Clinic, we have four family physicians and one family nurse practitioner for you to choose from for your primary care needs.

Tanner Crossley, DO
Kendra Martin, DO
Joshua Harris, DO

Anish Keshwani, MD
Jennifer Archer, ARNP



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Meet our Primary Care Providers

Tanner Crossley, DO



Dr. Crossley completed his undergraduate studies at Brigham Young University in Rexburg, ID earning a Bachelor's degree in Health Science. He attended medical school in Kirksville, MO where he received his Doctor of Osteopathic Medicine. Dr. Crossley completed his residency in family medicine at Cornerstone Care Teaching Health Center in Mt. Morris, PA.

Areas of Interest: Osteopathic Manipulative Medicine, Sports Medicine, Pediatrics, Geriatrics

Kendra Martin, DO



Dr. Martin completed her undergraduate studies in Biology at Truman State University, Kirksville, MO. She attended medical school at the University of Pikeville-Kentucky College of Osteopathic Medicine, Pikeville, KY where she received her Doctor of Osteopathic Medicine and was an Undergraduate Teaching Fellow of Osteopathic Manipulation and Anatomy. Dr. Martin completed her residency in both family medicine and neuromusculoskeletal medicine at Northeast Regional Medical Center, Kirksville, MO.

Areas of Interest: Pediatrics, Women's Health, Chronic Health Conditions, Inpatient Hospital Care, Osteopathic Manipulative Medicine

Joshua Harris, DO



Dr. Harris completed his undergraduate studies at South Dakota State University, Spearfish, SD with a Bachelor of Science in Biology. He attended medical school at Des Moines University where he received his Doctor of Osteopathic Medicine. Dr. Harris completed his residency at Monument Health Family Medicine Residency program in Rapid City, SD.

Areas of Interest: Family Medicine, Osteopathic Manipulative Medicine, Pediatrics, Geriatrics, Endoscopy, Inpatient Medicine

Anish Keshwani, MD



Dr. Keshwani completed his residency in Family Medicine from Wayne State University in Michigan. He practiced in Centerville for eight years and is currently with Unity Point in Des Moines where he continues to teach Resident physicians and see patients in the office and hospital.

He has been treating patients at Monroe County Hospital & Clinics since 2008, and practices part-time in the Medical Clinic.

Areas of Interest: Passionate about Family Medicine and loves seeing people of all ages.

Jennifer Archer, ARNP



Jennifer received her BSN from the University of Iowa in Iowa City, IA. While working as a Registered Nurse at Monroe County Hospital & Clinics, Jenn attended Graceland University to obtain her Master of Science in Nursing in 2006.

Areas of Interest: Newborn Care, Women's Health, Immunizations, Pediatrics

